

SUMMER NEWSLETTER

Botox and Teeth Whitening

Just a reminder, we hold a monthly clinic with our resident Dr. R Hayes, for both Botox and teeth whitening.

Future Clinic Dates

Thursday 5th June:

Starts at 10am

&

Thursday 3rd July

Starts at 10am

To make your appointment please call us on (01603) 666050 or see Reception.

Tanned Beauty

The safest way to achieve a natural looking healthy tan, our tanning solution Coco Bay is made from sugar Cane.

Price list

Full Body £30.00

Top up £17.00

Half body:

Legs or Torso £18.00

Arms and Face £18.00

Please be aware that this treatment is 100% cosmetic and gives no protection against the sun.

Protect your face and still look gorgeous!

ID Bare Escentuals, a unique foundation made up of 100% microinized minerals. Make up which leaves your skin looking flawless, but at the same time gives it protection with its natural SPF15. Its featherweight property, which means you don't feel a thing.

Leaves you looking and feeling great!

SUN DAMAGE FACTS

- 90% of skin ageing is due to environmental damage
- 33% of skin cancers are found on the lips nose and ears.
- Sun beds emit 7% UVB and 93% UVA
- UVA ages the skin and destroys collagen and elastin
- UVA is present all year round, no matter what the weather is.
- A non-chemical sunscreen, such as zinc oxide, reflects UV radiation away from the skin (id bare escentuals)
- The lips have no oil glands and the skin is very thin, therefore the lips need lots of moisturising and protecting.

PROTECT YOUR DELICATE SKIN THIS SUMMER

Daily exposure to U/V rays can lead to premature ageing and cancer of the skin. Using an SPF20+ can prevent such causes.

Help your skin to stay looking younger for longer:

- Apply SPF everyday, top up regularly
- Avoid sitting in the sun for long periods of time.
- Wear a hat.

Did you know...

Using an SPF 30 gives you 1% less protection than an SPF 35+, although, with more chemicals it can be less effective.

ORGANIC SUNSCREENS:

Absorb into the skin, may irritate the skin in high concentrations, absorb the harmful rays, provides very high transparency on the skin.

INORGANIC SUNSCREENS

Do not absorb into the skin, may irritate the skin in high concentrations, reflect and scatter rays. Leaves whitening effect on the skin.

DID YOU KNOW...

For years people have been under the impression that they need to apply a sunscreen with the highest SPF possible to be protected. Now we know better and we are aware that a higher SPF also means higher amounts of harmful chemicals that are sensitising and potentially so irritating that they may cause premature ageing.